

Three days left!

Complete your LivingWell Promise!

As a LivingWell health insurance plan holder, you must complete either a Vitality Check (biometric screening) or Health Assessment by **MAY 1, 2015**.

Complete your Promise now! [Click here.](#)

What happens if I don't?

If you fail to fulfill the LivingWell Promise, you will not be eligible to choose a LivingWell plan option for the next plan year (2016). You will only have access to a standard plan.

If you have already completed your 2015 LivingWell Promise please disregard this notice. Data is only updated periodically, and there is a 3-5 week delay in reporting of Vitality Checks.

Visit LivingWell.ky.gov for all your wellness benefits.



Questions?
[Contact Us](#)



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You may not unsubscribe from receiving electronic communications about an ongoing transaction or relationship, including communications related to employee benefits such as Kentucky Employees' Health Plan bulletins or other notifications.